What to Wear & Bring

A little preparation makes your time on the water more comfortable and enjoyable.



SAIL RAIN OR SHINE
Check the forecast and dress for the conditions.

PACK LIGHT
Bring a small backpack for your belongings.

YOUR CLOTHING CHECKLIST

- **Base layer** — T-shirt and shorts on warm days; long pants and a long-sleeved athletic shirt on cooler days. Avoid cotton, jeans and sweatpants—they stay uncomfortable when wet.
- **Mid layer** — A sweater or insulating jacket for cool or windy conditions.
- **Outer layer** — A windproof/waterproof jacket and pants.
- **Head & sun protection** — Sunhat, sunglasses and sunscreen; bring a warm toque in cooler weather.
- **Footwear** — Closed-toe shoes with clean, non-marking, grippy soles that can get wet. Wool socks help on cool days.
- **Gloves** — Optional for better grip. Gardening gloves work, or use sailing gloves from The Chandlery or MEC.
- **Extra clothes** — Bring a dry change of clothes in case you get wet.

SEASONAL SAILING TIPS

SPRING • MAY
The water is still very cold, so it can feel much cooler on the water than ashore. Wear warm layers, a windproof jacket and pants, plus a hat and gloves.

FALL
The water may still be warm, but cooler air and wind can make sailing chilly. Bring layers, a windproof jacket and pants, a hat and gloves.

LIFE JACKETS (PFDS)

PFDs are mandatory whenever you are on the water. We provide Canadian-approved PFDs in sizes S–XL (chest sizes 34–45 inches). You are welcome to bring your own, especially if you need a size outside this range.

CHECK THE WEATHER BEFORE CLASS

↗ The Weather Network – Ottawa

↗ Britannia Yacht Club Weather

↗ Nepean Sailing Club Weather Resources