



COVID-19 Code of Conduct & Procedures For students registered in our "on-the-water" programs:

During these exceptional times of COVID-19, it's important that we show exceptional discipline to ensure that we all stay healthy and not risk our boating season. Our desire to be on the water must be balanced with our need to protect members of the community; we are all in this together and our priority must be focused on all of us coming through these unusual times safe and healthy. This document may be updated as new information becomes available.

Our training takes place out of the Nepean Sailing Club and/or Britannia Yacht Club. It will be required that you read and become familiar with the [Code of Conduct for BYC](#) or [Code of Conduct for NSC](#), depending on which club your course is hosted from.

Advantage Boating's COVID-19 policies are in place to ensure we are able to get you out on the water in a safe and responsible way with the safety of our sailors, fellow club members and staff being of utmost importance. We will also continue to follow official guidelines and recommendations from the [Public Health Agency of Canada](#), the [Province of Ontario](#), [Ottawa Public Health](#) and [Sail Canada](#).

Students participating in our on-the-water programs are not obliged to come to NSC/BYC if they do not feel safe for any reason. We will gladly offer to reschedule your lessons to a future available date/time within the 2020/2021 sailing seasons. Upon registration in one of our courses, our normal cancellation policies will apply.

We have aligned our cleaning procedures with the guidance of the relevant authorities

Our on-the-water training programs will proceed in a phased-in process:

Current allowance - Phase 1: On-the-water day-course training programs for students living in the same family/household. Maximum of one student per instructor (Private courses) or two students from the same household (Semi-Private) for our on-the-water courses taught onboard a keelboat.

Future allowance - Phase 2: On-the-water day-course training programs for up to 4 students & an instructor onboard. As government restrictions ease, we will gradually expand our courses such that sailing with a maximum of 4 students will be permitted on board, in addition to the instructor.

Future allowance - Phase 3: On-the-water live-aboard training programs for up to 4 students & an instructor onboard. As government restrictions ease, we will gradually expand our courses to include teaching live-aboard courses.

It is important that you adhere to the following core principles when conducting club or sailing activities.

1. It is recommended that you complete the provincial self-assessment before coming to the club:
<https://covid19.ontario.ca/self-assessment/>
2. Do not consider sailing or coming to the Club if you:
 - have any symptoms of COVID-19,
 - are living with or in close contact with a person who has such symptoms or have been in contact with someone who has had the virus in the previous 14 days
 - If you are under a government mandated self-isolation period, you are required to complete it before coming to the Club.
3. If you have a condition whereby you are immunosuppressed or have a chronic illness, you should consult your physician or public health resources to help you decide if you should come to the Club.

4. Even if you appear to be healthy and have had no contact with someone who is at-risk, it is still important to follow physical distancing and sanitation practices.
 - a) Use sanitary practices recommended by the public health authorities.
 - Practice proper hygiene as it can help reduce the risk of infection or the spread of infection to others.
 - Wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food – or use alcohol-based hand sanitizer if soap and water are not available.
 - Avoid touching your eyes, nose or mouth.
 - b) The Coronavirus that causes COVID-19 spreads through droplets that people produce as they breathe, talk, cough and sneeze. When coughing or sneezing:
 - Cough or sneeze into a tissue or the bend of your arm, not into your hand.
 - Use a tissue and dispose of any used tissues as soon as possible in a lined waste basket and wash your hands afterwards.
 - c) Unless sailing with members of the same household, always maintain a distance of at least 2 metres / 6 feet from other people.

Sanitation Protocol:

- All equipment will be sanitized with a bleach and water solution (1/3 cup of bleach per gallon of water) prior to training vessel being used by those from a different household.
- Ensure all surfaces (including but not limited to high touch surfaces like tiller & extension, cockpit area, sheets) are sprayed down with bleach and water solution.

Upon arrival at the Sail Share boats:

1. Wash your hands with soap and water or with hand sanitizer prior to touching the boat (there is a soap in the bucket as well as hand sanitizer onboard each sail training vessel).
2. Always remain 6ft or 2m away from each other when rigging, launching, and derigging. If this is not possible then please wear a face protection mask.
3. Change into your sailing gear before arriving or on the boat since there is currently no access to the club facilities or group changing facilities.
4. Bring your own life jacket or you will have one assigned to you for the duration of your course.
5. Wash your hands with soap and water or with hand sanitizer before taking off the main sail cover and hanking on the headsail.

Upon arriving back at the dock and departing from the boat:

1. Wash your hands with soap and water or with hand sanitizer before folding the sails and putting the sail cover back on.
2. Hang the genoa and main sheets from the aft end of the boom so they can be sanitized and have the opportunity to dry.
3. Use soap and water to wash down the boat, focusing in particular on the frequently touched areas.
4. After each sail, you will take your life jacket home with you.
5. Do not leave any personal items on the boat.

We have aligned our cleaning procedures with the guidance of the relevant authorities and will also be cleaning & sanitizing the boat between classes with a 5% bleach solution.

I, _____, hereby have read, understand and accept the above terms of the Advantage Boating COVID-19 Code of Conduct. I agree to comply with the terms in good faith and to the best of my abilities.

Participants Signature: _____ Date: _____

Printed Name: _____